

The Colorado Mountain Ranch
Summer Day Camp
*Licensed by the Colorado State Department of Human Services
Division of Early Care and Learning*



Complete General Information for Children's Summer Day Camp 2024

**Summer Outdoor Adventure Programs
June 3 through August 9, 2024**

Boys and Girls – Grades 2-12 – Ages 7-17

Explorers

Focus Programs:

Western Riders, Mountainboarders, Gymnasts, Mountaineers, Artists

Counselors-in-Training, Wranglers-in-Training

Operating in 2024 with Health Protocols as outlined by Colorado State,
Centers for Disease Control (CDC), Boulder County Health Department,
and the American Camp Association

Let's Get Outside this Summer!

The Colorado Mountain Ranch * 10063 Gold Hill Rd. * Boulder, CO 80302

Phone: 303-442-4557

Email: Office@ColoradoMountainRanch.com

Welcome to the Summer of 2024!

The Philosophy and Purpose of the Colorado Mountain Ranch Summer Day Camp

The Relevance of Summer Camp Today. As children now again enjoy playing and learning outdoors with friends, Summer Camp continues to be hugely important! Research studies show time after time that connections with others and outdoor free play contribute to young people's healthy emotional and physical development, ability to get along with all ages, and even academic success in school. Children need to appreciate their place in nature in order to move into the future with an understanding of what it can be to live sustainably. Friendship and community are essential for working together to develop compassion and meaning in young lives. Let's get the kids outside this summer!

Philosophy. The Colorado Mountain Ranch fosters the value of confidence-building outdoor summer activity for children. The Outdoor Adventure experience is an opportunity to come together, learn, grow, connect with nature and each other, make friends, be active outdoors, and to simply have fun.



Goals. The Colorado Mountain Ranch offers outdoor activities with progressive instruction emphasizing enjoyment and personal skill development. We strive to provide opportunities for children to build skills physically, mentally, and socially; to gain understanding and build relationships with self, others and nature; to connect simply with **Place, People, and Programs**.

The Walker Family. Mike, Lynn, and Gail are second-generation administrators and owners and of the Colorado Mountain Ranch. Each of them is a lifetime youth worker and educator. Kate, JoJo, Josie, and Rosie are now a big part of the next generation actively moving CMR into the future.

A Sense of Place. A feature of the Colorado Mountain Ranch Summer Day Camp is that it is really a Camp in every way. Not only are there Camp Songs, Camp Spirit, Camp Traditions, and Camp Staff in residence for the summer, but there is also a true sense of Camp being a Special Place. The land. The Outdoors. In the mountains. With forests and wildflower meadows, the historic log Lodge as its heart, Weather Hill, the Amphitheatre, the Campfire Ring, Corrals and the Barn, the Challenge Course, Mountainboarding Course, Arts & Crafts Shop, Disc Golf Course, Garden, Archery Range, Leather Shop, Harmony Hut, the community Fort (a shared structure built and maintained by campers year after year), the Council Fire. Connection to this beautiful mountain home-base gives children a comfortable sense of belonging, a foundation from which to build skills and relationships, a place to call their own.

Our Amazing Staff. All staff members live at the Ranch and create a home-away-from-home atmosphere for themselves and each child. Many are teachers or students specializing in education, recreation, and the outdoors. Counselors are selected on the basis of personality, abilities, experience, enthusiasm, steadiness, creativity, sincerity, sensitivity, and commitment to guiding children toward their full potential. Applicants are each interviewed initially and then again in depth by the directors. Sterling references are required from past employers and others who are knowledgeable as to character, qualifications and ability to work with children. Background checks are thorough.



Staff Orientation and Training. Before the summer camp programs begin, staff members participate in an intensive two weeks of day-and-evening orientation covering the CMR philosophy of respect for children and all living things, safety policies and procedures, systems and methods, team-building, child abuse awareness and reporting laws, positive approaches to discipline, child development, general and instructional skill trainings, and First Aid & CPR Certification. They are thoroughly briefed in the importance and practice of Health and Safety Protocols. In addition to this pre-camp staff time, we also provide ongoing in-service trainings and meetings twice-a-week for planning and feedback. Over half the staff members are returnees each summer. The staff members and campers all become members of the Ranch Family.

Staff to Child Ratio. Our overall program staff ratio is 1 to 6, providing each child with a high level of individual attention. Each group has their own group counselor who is always with them. Activity specialists present progressive curriculum in each program area with the counselor assisting. All staff members give encouragement, inspiration, friendship, and guidance. Safety comes first!

Programs

Since 1947, the Walker Family has provided quality summer camping experiences for children going into grades 2-12. Day Camp highlights the full-variety the Explorers Program for grades 2-8, Focus Programs for grades 7-11: Western Riders, Mountaineers, Gymnasts, Mountainboarders, and Artists, and the Teen Leaders Programs - Counselors-in-Training for grades 9-12, and Wranglers-in-Training for grades 10-12. CMR offers confidence-building activities with a positive approach, supervision and instruction aimed toward successful skill-building, passionate learning, and FUN!

Fun Activities. Team-building games and the Challenge Course are the foundation for all Camp Programs. Also: Western riding, horse and animal care, Western art, roping, mountainboarding, gymnastics & trampoline, arts & crafts, archery, community fort-building, Global Indigenous & American Indian Lore, dramatics, music, leatherwork, disc golf, nature, exploring, hiking, outdoor living skills and crafts, sports, story-telling, children's yoga, teen leadership, environmental appreciation and experiences in sustainable living, organic gardening, and goat tending mamas & baby kid goats.

Adventure! The Colorado Mountain Ranch offers one of the most extensive and well-rounded Day Camp programs available anywhere. The entire staff lives at the Ranch, creating a community of qualified, enthusiastic, caring people dedicated to making your child part of the Colorado Mountain Ranch Camp Community. Children in the Day Camp have the opportunity for outdoor fun, education, and recreation in the Colorado Rockies. We are at an elevation of 8,500' ten miles west of Boulder and a quarter-mile west of Gold Hill. Bus transportation is included to and from Boulder.

Friends! A group cohort of 8-10 campers has its own Camp counselor who is always with the group, giving encouragement, guidance, inspiration, and friendship. There is emphasis on building friendship skills and making lasting friends. Activity specialists present a program of progressive instruction in each area. Campers who participate for more weeks have the chance to explore and practice each activity more fully, as they continue to develop skills and build strong meaningful relationships.

Explorers for Grades 2-8

The Explorers Program is the perfect choice to introduce your child to our whole array of [camp activities](#) and to build specific skills through time. Activity instruction and equipment are geared to individual ability levels. Regular highlights include Horseback Riding, Animal Care, Roping, Western Art, Mountainboarding, Disc Golf, Team-building Games and Ropes Course Challenges, Arts & Crafts, Dramatics, Native American Indian Lore, Gymnastics & Trampoline, Archery, Nature, Outdoor Living Skills, Yoga, experiences in Sustainability and Gardening, Story-telling, and Traditional Games and Sports. To opt out of any activity, you may indicate restrictions on the registration form.

Focus Programs for Older Campers

Focus Campers spend a half day three days per week participating in their Focus Camp Curriculum. The other half of the day is spent either in team-building games or in other camp activities that the group chooses. The Focus Programs are designed for older kids who know which of the activities they would like to specialize in. Often these campers have been Explorers who have previously been introduced to all the [Camp Activities](#). The specialized instructors and counselors guide the Focus Campers at their own pace. There is a progressive curriculum for each specialty.

Mountaineers for Grades 7-11

The Mountaineers Program for grades 7-11 offers the chance to choose from the whole whole array of [Camp Activities](#), as well as special adventures designed especially for these older campers. Activity times of 1 hour and 10 minutes allow for 2-hour & 20-minute intensives, allowing for the time to really get into nature experiences and focus on outdoor

and woods living skills and crafts. These older campers will journey out on Excursions to local features, streams and lakes, and have options to get out on high-country hiking trails.

Gymnasts for Grades 7-11

Gymnasts learn new skills and practice routines. They have an individually-coached 2-hour & 20-minute workout using equipment of choice three days a week. Apparatus includes tumbling mats, bars, beams, mini-tramps, vaults, and trampolines. To fill out their week, they choose from all the [Camp Activities](#).

Mountainboarders for Grades 7-11

Mountainboards are like snowboards with fat tires for riding on the terrain park of the course and over forested trails. Mountainboarders learn to maneuver at different speeds over varying terrain. Experience in any board sport gives a head start, yet no previous experience is necessary. Safety equipment is mandatory and all instruction is progressive. Choices from all the other [Camp Activities](#)

Artists for Grades 7-11

This summer's Artists Program gives those with an artistic flair the chance to imagine and create. During their focus Activity times, they will have the option to choose their creative focus area or combine areas for their activity times. They may prefer more time at the Creative Cabin for visual arts and sculpture, Global Indigenous Arts & Crafts and Native American Indian Lore, or Dramatics. In addition to times for creative expression, Artists Fill their Camp time with choices from all the [Camp Activities](#)

Western Riders for Grades 7-11

Western Riders for grades 7-11 is for horse lovers. Western Riders horseback ride times are up to 3 hours long, 3 days per week. It's a chance to ride a lot and spend most of the rest of the time around the horses and the barn, too. Riders will learn all about horses, how to care for the animals, work with the horses and goats from the ground, tack and untack, rope, and how to draw pictures of horses. They may even catch a few of the other [Camp Activities](#), too.

Teen Leaders Programs

Counselors-in-Training (CITs) for Grades 9-12

High School Teens may register to help as assistant counselors with a group of younger campers. Each CIT will have their own senior staff mentor. CITs act as junior counselors while also participating in all the fun activities. Time with the other teens includes casual social interaction with the other teens, exploring leadership goals and values during their lunch hour together, and leading an activity with their own group each week. Weekly feedback alerts the CITs to areas of strength and other areas to focus on for improvement in the future.

Wranglers-in-Training (WITs) for Grades 10-12

WITs spend every day at the corrals with the horses and wranglers. The goals are to learn how to gently and comfortably interact with people and horses of all ages and backgrounds in a positive way that elicits a positive response and to discover all that it takes to be a wrangler at CMR or keep a horse at home.

Transportation

Buses and Bus Staff. All of our buses are regularly maintained and equipped with the proper safety equipment, including back-up braking systems. Each vehicle meets the safety standards set by the Colorado Department of Revenue, Motor Vehicle Division. Our drivers are mountain-trained and licensed in accordance with Colorado state law and CMR's high standards. Every bus is staffed with its driver and an entertainer and additional supervisor. Every Camp staff member has a current American Heart or Red Cross First Aid Safety Certificate with infant and child CPR and Standard Precautions.



Bus Ride Entertainment. During the bus rides up and down the mountain, our staff supervisors lead Camp Songs and tell stories appropriate for young people. We also recommend sending your camper with a book, pencil and paper puzzles or games, origami, etc. With the older groups, staff may play appropriate music mixes.

Cell Phones and Music Players. Our request is to please leave cell phones and electronics at home. Music or game players are allowed solely on the bus ride. Use is limited to only "Camp-appropriate" all-age lyrics and games, no violence ever! Only staff members may manage play lists. Leave personal speakers at home.

Vehicle Organization. Our vehicles have animal names and colors to help distinguish them. Over the weekend before your camper's week, you will receive an email informing you which bus your camper will ride. Your camper will have a designated seat on the bus to ride in and for keeping their personal belongings.

Very Important Bus Safety. Please ask your child to: 1) Remain seated, face forward, keep the aisles clear. 2) Not throw any objects. 3) Use inside voices; don't distract the driver. 4) Keep head, arms, trash, and hats inside the bus. 5) Be courteous – keep hands and feet to yourself. 6) Be alert to traffic when leaving the bus. 7) Raise hand for help from a supervisor when needed.

[Bus Information](#)

Our website **has information on transportation with location, details, and schedule.**

BUS STOP CHECK-IN AND CHECK-OUT PROCEDURES

1.) Before leaving home in the morning, check your child's health and temperature. If your child has a fever of 100.4 F. or above, has any symptoms of sickness, or you have any concerns, please keep your child home and call or email the Camp Office right away.

2.) Please review the [Bus Schedule information](#) on our website.

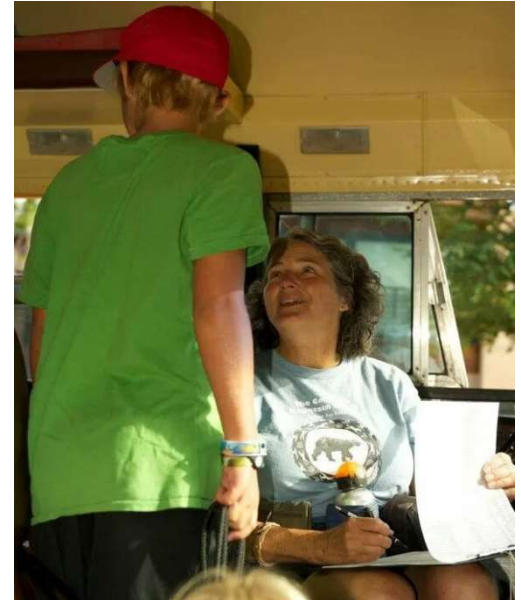
2024 BUS SAFETY WITH HEALTH PRECAUTIONS

1.) Each camper always rides in the same seat and on the same bus in a cluster with others from their group plus 1-3 more groups close in grade level, forming their "bus pod."

2.) Campers each sit with either a seat buddy or have their own seat on their own bus.

3.) Once in Camp, buses are centrally parked and accessible throughout the day. Each camper's bus seat is their "personal cubby" for keeping their belongings separate from others.

4.) The windows may be down for air circulation, so be sure your camper brings layers to wear for warmth. Everyone needs a warm jacket every day, no matter how hot it is in Boulder!



***IMPORTANT: PLEASE LEAVE the west fence at the Bus Stop in Boulder OPEN FOR THE CAMP BUSES!**

Attention: First-time CMR Campers and Families!

Welcome! On Monday morning of your first week, please let the check-in staff know that it's Day One for you and your Camper. We want to meet you, welcome you, and answer your questions!

Keep Traffic Safe! For the benefit of everyone involved, thanks for your part in making the time at the bus stop safe and easy for all of the kids, other parents, Ranch personnel, and church goers.



If a child is not picked up.

We phone parents of any children who have not been picked up by 5:00 PM.

Our staff members are unable to stay longer at the Church to supervise because they need to return to the Ranch for dinner and evening meetings and workshops. If we still have your child(ren) when staff are ready to depart, and we are unable to reach you, they will be taken back to the Ranch for supervision at the Camp Office until a parent or authorized person picks them up there.

If no contact can be made, the police will be notified at dark. There is a \$15 fee for every 15 minutes of supervision after 5:00 PM. This will be charged to your account.

DROP-OFF OR PICK-UP AT THE RANCH

For those providing their own transport to and/or from the Ranch. Main camp is a pedestrian-only auto-free zone. Park in the lot across the road to the north, and walk over to check in at the Office. There may be no reserved bus seat for campers who regularly provide their own transportation.

Arrival at Camp: 9:00 am.

Departure: 4:00 pm.

Check in and out with the staff member with the clipboard near the basketball area just inside the front gate or at the Office.

Monday Morning Orientation. Except for the first day of the summer when everyone hears Orientation at Camp, all campers listen to the orientation on the bus ride to Camp on Monday mornings.

Late Arrival at the Ranch. Call or email us if you are bringing your child to the Ranch late for any reason. If you are emailing, please be sure you get a confirmation response. Park in the lot across the road to the north and walk back across the road into Main Camp. Go left to the Office to check in with your name, your child's name, and the time of arrival. We will take your child(ren) to their current activity.

Early Pick-up at the Ranch. Call or email us if you would like to pick up your child at the Ranch so we can try to have your child at the Office when you arrive to check out for the day. If you are emailing, please be sure you get a confirmation response. Please confer with the Office or look at the Camp Day Schedule posted on our [website](#) to plan your pick-up for a transition time between activities.



WHAT TO BRING AND LOST & FOUND

Every Camper needs daily: necessary clothing, backpack, lunch, water bottle, and sunscreen. Every day, every camper in every program **needs** to bring or wear: Long pants, socks, and closed-toe shoes (no crocs or sandals!), a jacket or sweatshirt every day - no matter how hot it is in Boulder, rain jacket, full water bottle (refills are available), lunch, two snacks, a small plastic container of sunscreen with your child's name on it, no sprays. Remember that days are much cooler at this altitude, the weather can change quickly, and activities continue outdoors in the cold rain, so please pack accordingly. Day packs help children keep their things together.

IMPORTANT Words on Sunscreen. Before bus check-in, you **MUST** generously apply sunscreen to your camper's face and all exposed body parts. We try to re-apply between activities throughout the day. Please send your child with their own labeled sunscreen. The Ranch also provides **Banana Boat 30 SPF or higher.**

Bug Repellant. Insect repellant is **NOT generally needed** around Camp, but if you choose to send it for Excursions or any other reason, send only liquid or stick, no sprays.



Campers' Personal Belongings... are kept in their own or shared bus seat. While teaching respect for others' property, we ask for you and your child to discuss and take responsibility for deciding whether to bring pocket cash or expensive items such as expensive outerwear, cell phones or other electronic devices. Electronics (**NEVER** any violent games) including cell phones (there is minimal service or internet on the bus ride or at the Ranch) may be used **only** on the bus or in Boulder. **We are NOT responsible or liable for lost, misplaced, or stolen items.** Please label

everything that comes to the Ranch.

More about lunches, snacks, and water bottles. Provide a nutritious, non-perishable lunch, and two snacks for your child for morning and afternoon snack times. Include a frozen drink or freezer pack. If your child needs regular snacks, pack a fanny pack (separate from the lunch) to wear for snacking throughout the day. No food items may be shared. Send a full water bottle with your child to support water intake. Drinking water refills are always available.

Western Riders... should bring everything listed above, remember a rain jacket and also rain pants (not a poncho). Rides go out in the rain. Bring a water bottle that can be tied to the saddle with the leather saddle strings. Also, long pants, socks, and boots or closed-toe shoes that fasten securely. These can be packed in the backpack if your camper is not wearing them in the morning. Helmets are provided, although some riders prefer to bring their own. All our stirrups have covers, so heeled riding boots are not necessary. *It's not safe or okay to wear hiking boots with heavy soles on horseback rides.*

Mountaineers Excursions... Remember a rain jacket or poncho, long pants, comfortable walking shoes, packable lunch, full water bottle, all in a day backpack. For Excursions to a stream or lake, send a bathing suit and towel for swimming, *extra shoes - water shoes, or sandals with back straps for wading. When you signed the registration form, you authorized your campers' participation in all Camp activities including the Wednesday Mountaineers' Excursion and the possibility of an extended day event once a week.

Payments for Trading Post Spirit Bags. You may indicate your product purchase through your Family Account in your portal if you wish to purchase a Camp Spirit Bag. The bag will include a camp T-shirt, and a cap, full-size bandana, or stuffie wearing a CMR bandana, plus another surprise!

Lost and Found. Names marked in belongings noticeably help minimize the Lost and Found. If there is an item you wish for us to try to locate, please call or email the office with details - description, size, and color, and last known location. The Office will try to coordinate to send it down to Boulder on the Camp Buses. Two weeks after the last day of Camp, all remaining Lost and Found items will be donated to charity.

****CLEARLY MARK EVERYTHING THAT YOUR CHILD BRINGS ****

REGISTRATION, PAYMENTS AND REFUNDS 2024



How to Enroll: Registration is online through the [Register Now](#) button on our website. Sessions are a minimum of one week Monday through Friday. Only the 4th of July Holiday week is 4 days. The 4-day week is prorated. Children may enroll for a week or more (no daily rates or make-up days). At the time of enrollment, a \$100 deposit is required by credit card or ACH Bank transfer to hold your spot for each week. The deposit is applied to the tuition fee for each week and is not refundable through our Office, yet it is transferable to a different week or age-

appropriate program this summer or in the future, subject to availability.

How to Pay: Partial and full payment balances may be paid online by logging into your account. If paying a balance by check or cash, enclose a note with the name(s) of your child(ren) and date of Camp week(s) and deliver to our Office by US mail or by hand. All program tuition fees are due one week prior to the Monday of each week your child attends. If there is an outstanding balance one week before your scheduled week, your account will automatically be charged by our Office. ACH bank account transfer, Visa, MasterCard, and Discover are accepted. To check your balance, log into your account or call or email the Office.

How to add weeks: If you are already registered and would like to add another week, please use your online account or email us or give us a call!

If your schedule changes: We can make additions, changes, and cancellations by phone or email. We prefer talking with you by phone so that you and we can confirm immediately.

Changes or cancellations... may **only** be made by our Office! If you need to cancel a week or change to a different week, please call or email us. Be sure that you receive a confirmation on the phone or by email. There are no additional fees for changes or cancellations, and your payments are transferable, subject to availability. In the case of cancellation, remember to call our Office at least a week-and-a-half prior to the scheduled week in order to avoid the automatic charging of the balance due. **Questions?** Let us know!

Camp Refunds and Make Up days. There can be no refunds made through our office. Bus pods and Group cohorts make it impossible for there to be make-up days for those missed due to illness or for any other absence.

Payment Insurance for Refunds: You can insure your payments in advance to be able to receive a refund if you need to cancel your registration or interrupt participation due to covered reasons. If your child cannot attend camp due to sickness (including Covid) or injury and the reason is documented by a doctor, your insured payment can be refunded along with some medical expenses if you have purchased [Activity Coverage Insurance](#) through Travmark after full payment and up to two days before attendance. The "Cancel for Any Reason" prior to attendance is an extra option for which the premium must be paid on or after the Camp fee balance is paid in full. You can review the Colorado policy online before purchasing.

HEALTH

Health Protocols. Please review the [Health Protocols](#) for this season on our website just before your camper's time of enrollment, as these may be continually updated.

Absences and Illness. Programs are in session Monday through Friday, except for the 4th of July Holiday Week. If your child will not be in camp for any reason during the time of enrollment, it is important to call or email the Camp Office to let us know **before 8:00am** on the day of absence.

Daily Health and Temperature check. Check your child's health and temperature every morning before you leave home. Verify with our staff at bus check-in that your child is healthy and has no symptoms.

What if my child is ill? If your child has a temperature of 100.4 or higher, or any symptoms of a cold, flu, or Covid, including loss of taste or smell, do not send them to the Ranch. If you have any concerns at all, immediately notify the Camp Office at 303-442-4557 or email office@coloradomountainranch.com

What if my child becomes sick while at Camp? We will provide a mask, care for them separate from others, and call you immediately to come pick them up.

TWO Emergency Contacts. A parent or authorized adult should always be available in case an emergency arises. It is **necessary** to list two emergency contacts on your registration form. If you and your contacts are unavailable, the Police Department and/or Child Protective Services may be notified in the event of an emergency.

More Info on Sunscreen. Please liberally apply sunscreen before your child gets on the bus every morning. For more applications during the day, be sure to send your camper with their own sunscreen in a small unbreakable container (NO sprays) and marked with your child's first and last name. The Camp also provides **Banana Boat® 30 SPF or higher**. We do our best to have children reapply between activities daily, but please keep in mind that studies show that even reapplying sunscreen does not necessarily work all of the time. If your child is fair, include a hat, and please instruct your child to WEAR IT!

MEDICAL FORMS AND MEDICATIONS

Certificate of Immunization... Colorado State Child Care Licensing requires that a copy of each camper's [Certificate of Immunization \(Required\)](#) be uploaded into your parent account. The Certificate of Immunization may be from the following states: Colorado, Alabama, Arizona, California, District of Columbia, Florida, Georgia, Illinois, Iowa, Kansas, Kentucky, Maryland, Montana, North Dakota, Oregon, Pennsylvania, South Dakota, Tennessee, Texas, Virginia, or Washington. These forms also include documentation of your child's Covid vaccines. Once completed by your health care professional, upload to your online account. It does NOT need to be included right away with your original registration, yet needs to be uploaded to your account at least one week before your child's first day of enrollment. Upload documentation if your child has a Medical or Religious Exemption.

Prescription Medications. If necessary, only Prescription medications provided by you may be administered at Camp. They may only be administered by one of our certified Medication Administrators delegated by our Camp Registered Nurse consultant. All prescription medications must have your child's first and last name on the container (not just the box). They are locked and stored at the Camp Office/Healthcare Center. All staff are trained and certified to administer inhaled medications (inhalers) and epi-pens. Emergency medications are stored out of reach of children to quickly found by Medication Administration personnel. Prescription medications for your child (including an epi-pen or inhaler) must be sent in the original container with the prescriber's directions.

Prescription Medication Consent Form. The [Prescription Medication Consent Form - \(Required for prescription medication to be administered at Camp\)](#) must be on file in our Office, signed by both the prescribing health care provider with prescriptive authority and a parent or guardian. For most medications, it is better to request an "extended dose" from your doctor so that you can give the medication in the morning before your child leaves for Camp and again at home in the afternoon/evening.

Self-Carry Medication Form. If your child has a prescribed inhaler or epi-pen which you would like for your child or their counselor to carry with them, the completed [Self-Carry Medication Form \(Optional\)](#) must be in our files signed by both you and the prescribing healthcare provider with prescriptive authority.

BEHAVIOR EXPECTATIONS AND DISCIPLINE

Discipline. Discipline is always gentle, starting with clear communication and an understanding of expectations and rules in regard to safety and cooperation. The Colorado Mountain Ranch models, teaches and encourages good listening and communication skills, mutual respect, problem-solving skills, and positive social interactions between peers and with staff members. This approach creates an atmosphere which decreases behavioral concerns and provides a strong support system for children



who are having difficulties. We also find positive reinforcement, a very brief recovery period or individual and group conflict resolution to be effective. If more serious problems arise, we problem-solve directly with the children and staff members who are involved regarding the situation. The whole group may be engaged to help develop and support a plan. Our goal is to provide a safe and comfortable social environment for everyone.

Response to Disruptive Behavior and Steps for Withdrawal from Program. We will call the parents if we feel there is a circumstance that would benefit from parental support or intervention. If there is a serious problem, such as verbal or physical abuse, destruction of property, ignoring safety rules, disrespecting other children, disrespecting or ignoring staff, we generally facilitate a self-improvement plan. We may alert you to the possibility that we may need to ask your child to stay home for a day to take a break and get ready to return the next day, earning the opportunity to be at Camp. This generally can work because most children want to be here. If there are further concerns about a child's behavior, with a parent's or guardian's consent, an early childhood mental health consultant or other specialist may be accessed, through the Colorado Office of Early Childhood. We reserve the right to discontinue a child's enrollment for behavior that is unsafe for self or others.

CAMPERS WITH SPECIAL NEEDS

The Colorado Mountain Ranch offers outdoor programs that are extremely active and physically demanding. Many children with special needs participate successfully. Before enrolling your child who has special needs, please call to talk with one of the directors and plan to observe our program to see if it looks like a good fit. We seek to be in compliance with the Americans with Disabilities Act.

Other resources for Summer Programs for children with special needs in Longmont can be found [here](#) and in Boulder [here](#).

PARENT COMMUNICATION

Let's talk! If you would like to chat about any concerns or your child's progress, don't hesitate to call us at any time and speak with one of the directors. We strive for honest and direct communication with the children and their parents, and we always welcome your input. At the



Ranch, there is no cell or texting service, and the internet can be unreliable. You may wish to call our landline to confirm that we received your messages.

Concerns. Please let us know as soon as possible if you have concerns of any kind. Our trouble-shooting is a positive process which improves your child's experience as well as the quality of our programs and operations. When alerted to a problem, we immediately

research the situation, report back with details, and discuss and implement a plan for improvement, which often involves the whole group of children in contributing to the solution.

Locating Your Child at the Ranch. The Office keeps group lists, daily schedules, and records identifying exactly who is supervising your child and where your child is at all times.

VISITORS

Only those who are enrolled in camp or hired as staff, and parents with prior arrangement, can be on the property. Our allegiance is to the families we serve and the staff we have hired to keep everyone safe.

EMERGENCY PROCEDURES

Disaster Procedures. In the case of an emergency evacuation, CMR staff will transport campers and personnel to the Boulder Reservoir for the day and return to [our Bus Stop in Boulder](#) at the usual time. Our staff is trained to handle both external and internal threats.

Evacuation Information. In case of evacuation, information will be emailed to camper families, and/or communicated by telephone or voice greeting through the Camp Office.

Fire or Tornado. All our staff members are well-trained in emergency procedures. Three blasts of an airhorn signal a fire or tornado emergency. All staff and children will move in an orderly fashion to the center flagpole circle for further specific directions to follow the disaster procedures.

Danger or Active Shooter in Camp. A verbal announcement over the walkie-talkies would signal to staff members to have their campers quietly scatter and hide together as a group within hearing distance of each other. With the staff member as leader, they would move away from main Camp toward checkpoints to await further instruction. Staff members have radio communication with the Office. Vehicles would be dispatched for transport away from danger and to follow the disaster procedures.

Severe Weather Conditions/Lightning/Hail. The signal is a continuous siren. All groups will immediately move out of open areas to the closest shelter and remain sheltered until the weather moves out of the area.

Excessively Hot Weather. In case of a prediction of excessive heat, all activities will be planned to be in shaded areas outdoors or in indoor areas. Children have access to water at all times, and they are encouraged to drink fluids throughout the day. Everyone is expected

to bring a water bottle, keep it full and carry it always. Western Riders need a water bottle that has a loop so it can be attached to the saddle by the saddle strings.

Medical Emergency. We will administer first aid and make every effort to contact the parent or guardian. All CMR staff members are trained and certified in First Aid, CPR, Standard Precautions, and Medication Administration for epi-pens and inhalers. If emergency medical treatment is required, we will contact a doctor or hospital, provide transportation, or call an ambulance or Flight for Life, depending on the First Aid assessment of the severity of the injury or illness. The Colorado Mountain Ranch does not provide health insurance. Any medical or transportation expenses incurred will be the responsibility of the parent or guardian. For insurance to help with these expenses, please review [“Activity Coverage Insurance.”](#)

Communicable Illness. Please alert us if you know that your child has been exposed or has a fever or symptoms of any communicable illness. A camper may attend Camp only when there has been no fever for 24 hours and symptoms are improving. If your child is being treated with antibiotics, they must be on the medication for at least 24 hours before coming to the Ranch.

Vehicle Mechanical Failure. The driver will park the vehicle away from traffic if possible. If safe, staff members entertain campers on the vehicle until a back-up vehicle arrives. Otherwise, closely supervised campers will walk single file away from the vehicle. When the alternative vehicle arrives, campers will walk single file with close supervision to board that vehicle as directed.

Vehicular Accident. All of our vehicles are supplied with first aid kits and staffed by people certified in First Aid, CPR, and Standard Precautions. We will administer first aid as needed and notify the authorities.

If a Child Becomes Lost. We will make every effort to notify the parent immediately. Our staff will begin searching for the child and/or may contact the police department or Rocky Mountain Rescue, if and when necessary.

Reporting Child Abuse. Colorado requires that child care providers report all known or suspected cases of child abuse or neglect. A report should be seen as a cause for concern, not an accusation. You also have the right to report any suspicions or incidents. You may seek assistance from the Colorado Mountain Ranch and also the Boulder County Department of Social Services at 3400 Broadway, Boulder, CO 80304, 303-441-1240 or 1-844-CO-4-KIDS (1-844-264-5437).

Formal Complaint Procedure. To report a formal complaint about child care, contact Colorado Department of Human Services, Division of Child Care, 1575 Sherman Street, 1st Floor, Denver, CO 80203-1714, phone 303-866-5958.

WHAT TO EXPECT

Use of technology - such as television, computers, cameras, internet - is not part of the programs at CMR. Educational videos may occasionally be used as part of rainy-day

curriculum. On the bus ride, some campers may use electronics for children's games or music. Others choose to participate in entertainment presented by the staff supervisors or read books or do paper and pencil puzzles.

Camper Orientation. On Monday of each week, campers receive an orientation to Camp, the mountain area, the staff and each other.

Weekly Themes. There will be a weekly slogan or theme, such as friendship, nature, responsibility, respect. Campers and staff will share examples and explorations of the theme throughout the week.

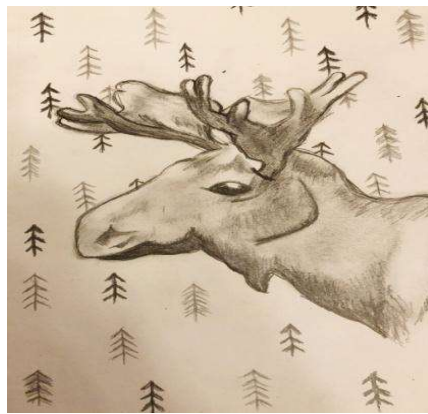
The Day begins at the flagpole circle with each group gathering for snacks and to get ready for the day, morning songs, warm-ups, and flag-raising before the Camp activities begin.

Daily Afternoon Gathering at the Flagpole. At the end of each day, groups gather separately around the flagpole circle for a debrief of their day, snacks, and singing Camp Songs. Activity instructors present a recap of the day's "Epic" moments from each activity area, generally received by cheers, hoots, and applause before lowering the flags.



Honorings. At the end of each week, counselors present silly or serious awards to each camper in their group. Then the whole Camp gathers at the flagpole circle for an "Honoring Ceremony," where the activity instructors acknowledge campers' outstanding efforts and accomplishments. The afternoon is accented by humor, reflection, Camp songs, jokes, stories, camaraderie, and FUN! After the summer season, Teen Leaders receive documents for volunteer community service by US mail or email.

Wednesday Day Excursions for Mountaineers Focus Campers... Day outings are part of the program each week for the Mountaineers. Some other Focus Campers may also be offered the option to go on the Excursion, subject to space availability. There is no extra fee or special permission required. Most Wednesday Excursions go to streams and lakes, and there are high-country hike options, too.



THE CAMP DAY SCHEDULE

The 2024 Camp Day at the Colorado Mountain Ranch

On the first Monday of each week, campers listen to the Camp Orientation on the bus ride to Camp. If you are late on any day and your camper's bus has departed, please bring your child up to the Ranch, park on the right, walk back across to check in at the Office, the first building inside the gate on the left.

- 8:00-8:15am Check-in at the [Camp bus stop in Boulder](#)
- 9:00 Camp songs, Attendance, and Flag Raising
- 9:25 Small Group Gatherings at Flag Circle for Goal-setting and snacks
- 9:45 First Activity
- 10:55 Second Activity
- 12:05 Lunch outdoors with group
- 12:25 Open Supervised Play and Rest Time
- 12:50 Third Activity
- 2:00 Fourth Activity
- 3:10 Small Groups Gather at Flag Circle for snacks & talking about the Day
- 3:25 Camp Songs & All-Camp, sharing of "Epic Moments," Flag Lowering
- 4:00 Bus departs for Boulder
- 4:45-5:00pm Check-out at the [Camp bus stop in Boulder](#)



The Colorado Mountain Ranch Outdoor Adventure Summer Day Camp
"The Best in All the World!"

10063 Gold Hill Road, Boulder, CO 80302
Phone: 303-442-4557 Email: office@coloradomountainranch.com

See you at the Ranch for Camp this Summer!